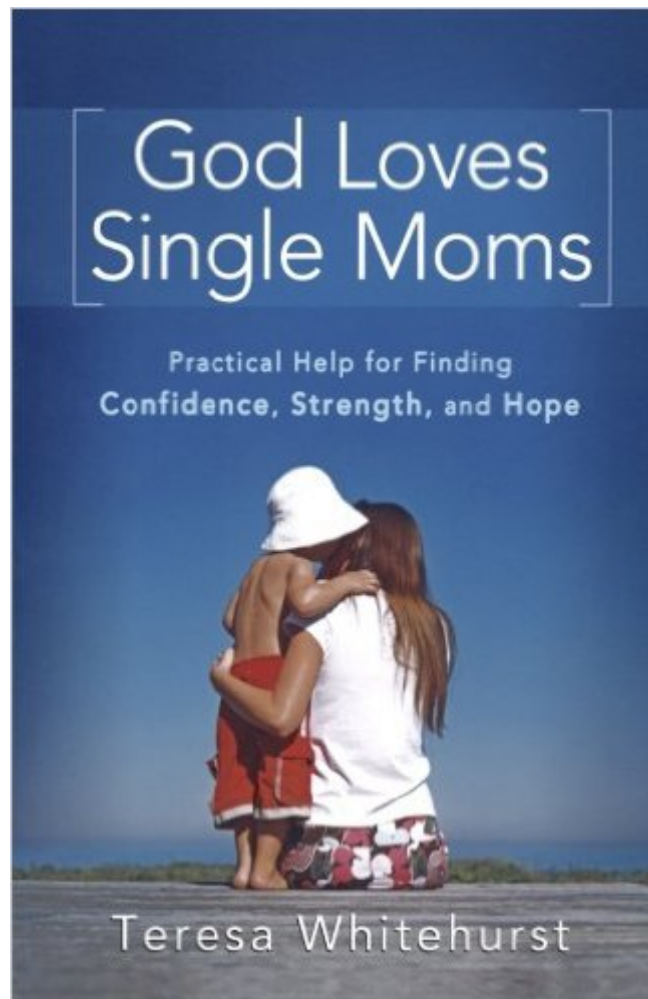


The book was found

God Loves Single Moms: Practical Help For Finding Confidence, Strength, And Hope



Synopsis

Written by a psychologist who's successfully navigated single motherhood herself, this book helps single moms believe they and their families deserve the best life has to offer. Packed with practical tips, smart strategies, and ways to improve the wellbeing of single moms and their children, this book shows single moms how to improve their leadership and parenting skills. It tackles pressing issues such as selfcare, a support network, organizing, finances, discipline, and more. Teresa Whitehurst reminds single moms that they don't need to be overwhelmed and that God loves them, is on their side, and wants to guide and support them every step of the way. While they may get weary, they need never feel alone.

Book Information

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Customer Reviews

Encouragement for Single MomsA comprehensive guide to traversing single motherhood successfullyTeresa Whitehurst has experienced the challenges of single motherhood firsthand and tackles these pressing issues in her new book God Loves Single Moms. Filled with encouragement, compassion and contagious enthusiasm, the author helps readers discover how to make single parenthood a success through her practical tips, professional insights, and the knowledge that they are truly loved by God. Personally, I remember first hand, feeling like such a failure in God's eyes. Growing up in a Christian home, I was taught NEVER to judge others for any reason (and my mother NEVER did). However, divorce was NEVER considered an option (although, as an adult looking back, there was no REAL reason for my mom or dad to contemplate divorce). When I was faced with initiating the action in my own life (with no parents to validate/reassure/even forgive me in

my decision), with a son that meant the world to me-to raise in the best way I could, I stopped at a Church completely unfamiliar to me and requested to speak with the Pastor. I asked him, point-blank, if God would forgive me (and more importantly, still LOVE me) if I sought a divorce. It was the absolute hardest decision I have EVER made in my life! Each chapter looks at a different challenge and includes Scripture, prayers, questions for reflection, and inspiring stories from other single moms. There is also a thorough inventory questionnaire that helps readers take an in-depth look at the various aspects of their personal and family life and gauge areas where they are succeeding and areas where they would like to see improvement. Although my divorce was MANY years ago, this book was a source of comfort to me.

I'm a single mom of two sweet, adorable, yet boys-will-be-boys boys, so I knew I had to read this book. It, simply put, called to me. I learned A LOT from this little, easy to read book. Teresa Whitehurst is a fellow single mother(rock on, single moms!), who, through God's guidance, put into perspective, the single motherhood life. Whether your a single mom by divorce, or widowed, we are AWESOME! Why is it AWESOME to be a single mom, when, at many times, it is such a struggle both emotionally and financially? Because all the love and attention of those kids are dished out solely for US! Selfish, I know, but in the end, it is wonderful! Now, you might be asking, am I single mom by divorce or widowed? I am a single mom by divorce. It is a true struggle being a divorced single mom, because, yes, I still have to "deal" with my ex. We get along for the most part, but it's a struggle because, even though we get along, we still disagree on MANY things regarding our child. It is so hard to please EVERYONE, the ex, the family, the kids, the neighbors, and at times, it feels really hard to please God too. You just get so darned frustrated! You're pleasing everyone but yourself because you feel that you need to focus on your kids. Well, that is TRUE but at the same time, if you aren't happy, you are just "surviving" being a single mom. There is no "thriving" which is what you should be doing, as a rockin' cool single mom. Simply "surviving", no matter the support you may have from friends and family (I have TONS of support from mine and I am super thankful in every way for them!), it can still get....well...rather depressing.

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